# **Assembly Instructions**

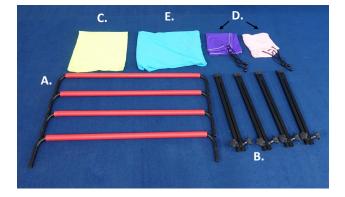
## **Boundex**



## Parts List

#### Parts:

- A. (4) Foam covered support bars
- B. (4) Upright legs with D2 knobs
- C. (1) Yellow Lycra bed
- D. (2) Small top layers of Lycra with bungee corners
- E. (1) Blue Lycra skirt
- F. (1) Not pictured: Drawstring carrying bag





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 Serious injury (including permanent paralysis or death) could result from any activity involving motion, rotation or height.
 All users of this equipment

assume this risk of serious injury. Mats and pits cannot and do

#### not eliminate hazards.

#### Safety Instructions

#### ALWAYS:

- Consult an instructor prior to use.
  Use equipment <u>ONLY</u> under the supervision of trained
- and qualified instructors.
  Use equipment with trained spotters and the proper
- So se equipment with that a spotters and the proper spotting equipment.
   Check equipment before use for proper positioning;
- equipment can move during use. 5. Follow a progressive learning pattern. Assure basic skills
- rollow a progressive learning pattern. Assure basic skills are achieved before attempting more advanced skills.
   Use equipment <u>ONLY</u> when all hard exposed surfaces are
- Ose equipment <u>ONLY</u> when all hard exposed surfaces are protected with proper mats.
   Assure that all inflatable equipment has sufficient air
- pressure to avoid injury.

**DO NOT** use the apparatus with damaged, worn or missing parts.

**DO NOT** allow more than one person at a time to use the equipment.

Thank you for investing in the Tumbl Trak Boundex. After opening the boxes, please check the parts list to make sure all pieces have arrived in good condition. If you have any questions during the assembly process, please call customer service at 1–800–331–4362.

### **General Lycra Care Tips**

- Hand or machine wash in lukewarm water on gentle cycle using mild detergent
- Do not use chlorine bleach on any fabric containing Lycra
- Rinse thoroughly
- Drip dry. If machine dried, use low temperature
- Do not iron



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Step 2 A

**STEP 1** – Lay the yellow Lycra bed out flat and locate the four openings at each corner.

**STEP 2** — Feed one foam covered support bar through each sleeve of the Lycra bed, forming the square for the top of the Boundex. STEP 2 (A) - Make sure each bar is facing outward.

**STEP 3** – It is easiest to begin attaching the first leg by laying it on the ground. Make sure the D2 knobs are facing down. Attach the first leg by inserting the support bar end into the coinciding leg side.

**STEP 3 (A)** — To insert the other bar, lift up the leg making sure the hole and D2 knob is aligned to successfully lock into place.

**STEP 4**— While sliding the upright legs into the support bars, make sure to pull the knobs outward at first until the bar slides past the knob, then release and adjust until you hear an audible click, indicating the knob is in place. Then, tighten the knobs securely.







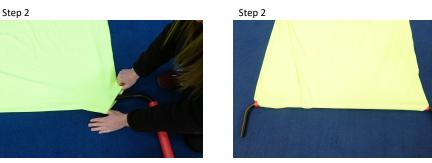
Step 3 (A)



**Fumbl Trak** 

Train Smart







**STEP 5**— Insert the remaining upright legs into the D2 knobs at each corner of the Boundex.



**STEP 6**— Once you get to the last corner, you will have to stretch the Lycra and pull the last two ends of the support bars into the D2 knobs. Make sure all ends are tightened.

Step 6



**STEP 7**— Once the Boundex frame is completely set up, lay one of the small layers of Lycra on top on the yellow bed and align the bungees at the four corners.



- **STEP 8** Pull string through opening of the two support bars.
- **STEP 8** (A)— Stretch the string outward to go around both D2 knobs.





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**STEP 9** — Repeat this process at each corner with the bungees. Place the second layer of Lycra with bungees across the first layer and repeat process with attaching bungees at each corner.

**STEP 10** — To add the Lycra skirt, place over top and locate the 4 corners of skirt to align with each end.

**STEP 11** — Stretch corners of Lycra skirt over the knobs until the legs are covered.

**STEP 12**— The Lycra skirt will cover each side of the Boundex.









Step 12