# **Assembly Instructions**

## **Rod Floor**



Thank you for purchasing the Rod Floor

After opening the box, please check the parts list to make sure all pieces have arrived in good condition. If you have any questions during this assembly process, please call Customer Service.

Check for welding damage and ensure that rods are not deformed or damaged before assembling. Regularly check that all nuts and bolts are secure to maintain safety and performance.



Scan QR code for Video Assembly



Assembly Time = 10 minutes



Assembly Requires 1-2 Adults



#### WARNING

- Serious injury (including permanent paralysis or death) could result from any activity involving motion, rotation or height.
- All users of this equipment assume this risk of serious iniurv.
- Mats and pits cannot and do not eliminate hazards.

### Safety Instructions

#### ALWAYS:

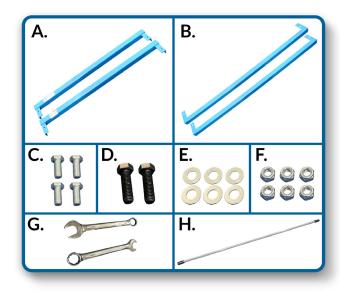
- Consult an instructor prior to use.
   Use equipment <u>ONLY</u> under the supervision of trained and equalified instructors.
- Use equipment with trained spotters and the proper spotting equipment.
- Check equipment before use for proper positioning; equipment can move during use.
- Follow a progressive learning pattern. Assure basic skills
- are achieved before attempting more advanced skills.
  Use equipment <u>ONLY</u> when all hard exposed surfaces are protected with proper mats.
- Assure that all inflatable equipment has sufficient air pressure to avoid injury.

DO NOT use the apparatus with damaged, worn or missing

**DO NOT** allow more than one person at a time to use the equipment.

### Parts List

- A. (2) Side Supports
- B. (2) Base Supports
- C. (4) Assembly Bolts
- D. (2) Connector Bolts
- E. (6) Washer
- F. (6) Nut
- G. (2) Wrench
- H. (16) Rods





1. Align one side support with one base support. Make sure both bolt holes are aligned. (Shown from different angles).





2. Insert one assembly bolt into the bolt hole. Place a washer onto the bolt before using the wrenches to tighten the nut to the bolt. You do not need to overly tighten the nut. Repeat on the other end of the side support.

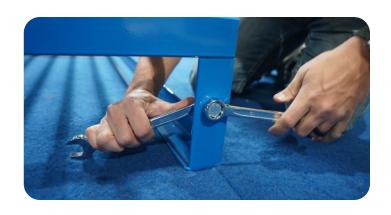


- 3. Place the rods into the side supports.
- 4. Place the rods one by one into the holes starting on one end.

Useful Tip: Holding the side support on an angle will keep the rods from falling out as you work down the line of rods.



5. Insert one assembly bolt into the bolt hole. Place a washer onto the bolt before using the wrenches to tighten the nut to the bolt. You do not need to overly tighten the nut. Repeat on the other end of the side support.



# **Connecting Sections**

1. Place two sections next to each other. Insert one connector bolt into the bolt hole. Place a washer onto the bolt before using the wrenches to tighten the nut to the bolt.



### **Recommended Accessories**

### **Tumbl Tape**

- 4-in wide velcro strip attaches securely to carpet surfaces
- Color-coded 2-ft segments mark positions
- Great for teaching hand & foot placement



### **Carpet Bonded Foam**

- Carpeted foam surface adds comfort and traction
- Durable and impact-resistant



- Durable 4-in vinyl squares with hook backing
- Available in letters, numbers, directions, or shapes



#### **Dismount Mat**

- Multi-density foam for optimal shock absorption
- Heavy-duty vinyl cover with mesh breather sides

To watch the Rod floor in action, visit our website: www.tumbltrak.com



